

Dean Beadle's

TOP 10 TIPS FOR SUPPORTING STUDENTS WITH

Executive Functioning

- 1** Future events can affect present functioning. The anticipation of a task at 2 pm can dominate thoughts from 9 am onwards.
- 2** Students freeze on entire assignments when one part feels overwhelming. (Autistic Inertia)
- 3** Being in 'power-saving mode' isn't laziness – it's preparing for upcoming demands.
- 4** If you're in fight or flight due to anxiety, you can't access the prefrontal cortex for executive functioning.
- 5** A student may appear calm in class but could be masking an incredible amount of effort.
- 6** If something feels like a 'nope' today, it doesn't mean 'nope' forever – maybe try again tomorrow.
- 7** Students keep things visible because they worry they will forget them if packed away.
- 8** Students may reserve their meltdowns for home, as it is a safe space.
- 9** Setting homework at the day's end competes with social anxiety, sensory overload, and processing—no wonder it gets lost.
- 10** Just getting to school can take 50% of the students' energy for the day.

Listen to Podcast Episode 275:

Executive Functioning Skills for Neurodiverse students: "Beyond just try harder"

AVAILABLE AT: suelarkey.com.au

Online Course on Executive Functioning

- Educators Guide to Executive Functioning Course
- Includes BONUS e-book with hundreds of strategies to try

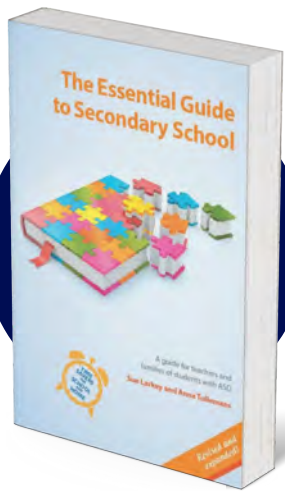
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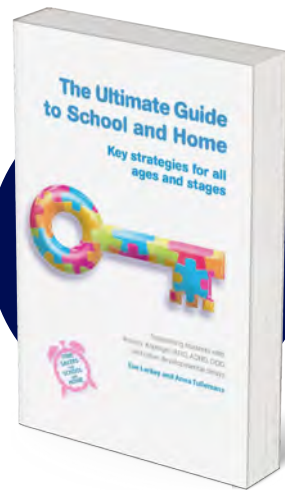


Sue's Top Pics for EXECUTIVE FUNCTIONING RESOURCES

Sue Larkey Books



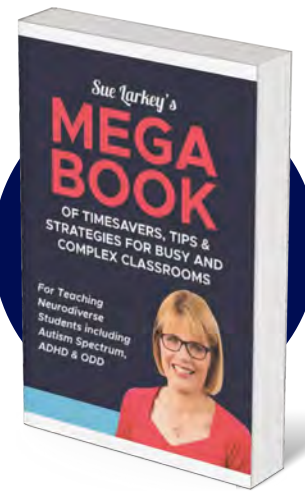
The Essential Guide to Secondary School



The Ultimate Guide to School and Home



A Manual To Provide Support and Care for Adults with Autism Spectrum



MEGA BOOK of Timesavers

Timers



Time Timer PLUS



Liquid Timers

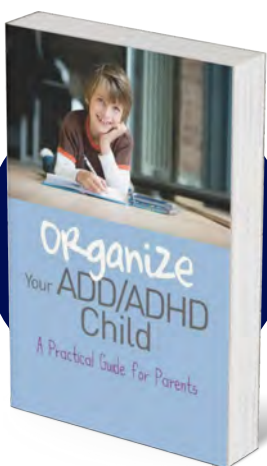


Portable Schedule Timer

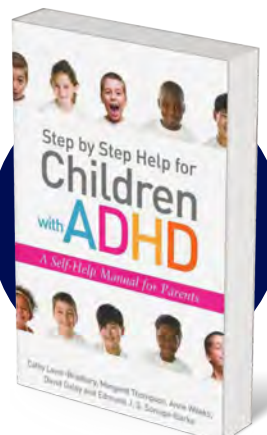


Time Timer

Executive Functioning Books



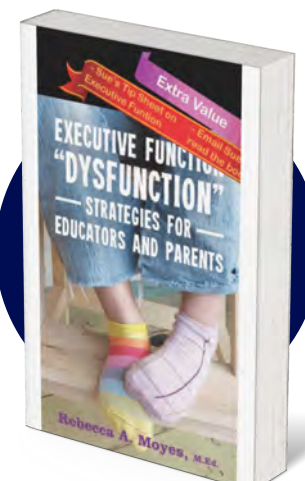
Organize Your ADD/ADHD Child



Step by Step Help for Children with ADHD



Autism and Everyday Executive Function



Executive Function Dysfunction

EDUCATORS GUIDE TO EXECUTIVE FUNCTIONING

Why it Impacts Learning and Behaviour - What to do



How to Support Neurodiverse Students (**ASD, ADHD, PDA, ODD**) in your Busy Classroom.

ONLINE ON-DEMAND COURSE

Join Dean Beadle, International Speaker & Autism Expert, for an enlightening course on Executive Functioning where he gives strategies from his lived experience and evidence-based research.

Dive into seven comprehensive lessons, starting with an introduction to Executive Functioning and the impact on learning and behaviour in Neurodiverse students (ASD, ADHD, ODD & PDA).

Starting with core Executive Function skills, learn how they affect daily tasks and behaviour, while addressing common myths that can hinder support. Discover targeted strategies for both home and school environments, with specific focus on building Executive Function skills in the classroom.

This course equips educators, parents, and professionals with concrete tools to support Executive Functioning across different settings.

"BONUS E-book on Executive Functioning"

Hundreds of Tips and Strategies to apply from course - over 30 pgs.

What's included?

- ✓ Online On-Demand ✓ **2 Hours** ✓ 6 weeks to complete ✓ Certificate
- ✓ Handout includes Additional Templates Tips
- ✓ IT Support

HOW TO REGISTER

Register at: elearning.suelarkey.com.au

Group Discounts Available.

Schools and other Organisations wishing to register groups of Staff or for use in Staff

Meetings for Professional Development please email support@suelarkey.com.au



Sue Larkey

20 Years Experience in Autism Education & Training



Dean Beadle

Autistic Adult and Education Consultant

EDUCATORS GUIDE TO EXECUTIVE FUNCTIONING

What you can do to Support Neurodiverse Students (**ASD, ADHD, PDA, ODD**)

LESSON OUTLINE

LESSON 1 What is Executive Functioning and Autistic Inertia

- Understand the crucial equation "Autism + Environment = Outcome" and its implications for support
- Discover why seemingly calm behaviour at school doesn't always indicate a lack of anxiety

LESSON 2 Myths and Misconceptions about Executive Functioning, ADHD & Autistic Inertia

- Discover how autistic inertia affects/ADHD paralysis, the ability to start and stop tasks
- Understand the difference between "won't" and "can't" in autistic behaviour

LESSON 3 Time Management in the Classroom: Why it's so difficult and how to make it easier.

- Understand how autistic individuals experience time differently
- Explore why task sequencing affects the ability to plan ahead

LESSON 4 Key Strategies for Supporting Executive Functioning at School & Home

- Learn concrete executive functioning "hacks" for home and school environments
- Discover how to simplify daily routines through strategic organisation

LESSON 5 Classroom Strategies for Building Executive Functioning Skills

- Discover how to create opportunities for skill development through games and activities
- Learn why visual supports are crucial for executive functioning success

LESSON 6 Understanding Autistic Inertia and ADHD Paralysis

- Learn the "All you have to do is..." approach to breaking down overwhelming tasks
- Understand how to identify and plan around "freeze" moments

LESSON 7 Emotional Regulation and the Importance of Safe Spaces

- Understand the connection between executive functioning and emotional regulation
- Learn how to create effective, safe spaces in educational settings

Register at: elearning.suelarkey.com.au