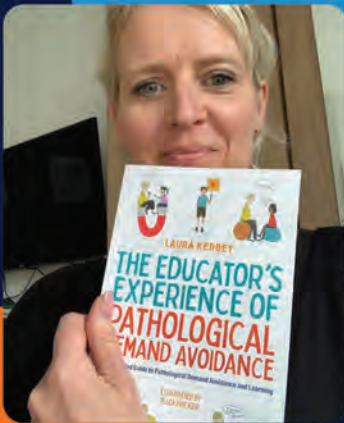


Laura Kerbey's

10 TOP TIPS FOR SUPPORTING STUDENTS WITH

Pathological Demand Avoidance

- 1 Build a relationship
- 2 Have an exit strategy or code word for when anxiety gets too much.
- 3 Let individuals plan their own routines for the day
- 4 Remove the demand of writing
- 5 Connect by chatting about areas of interests
- 6 Let them lead
- 7 Think of yourself as a learning facilitator – not a teacher or TA.
- 8 Always look outside the box and look for “natural” learning opportunities
- 9 Mold the curriculum around the learner (not the other way around)
- 10 Recognise the signs of anxiety and pull back when you see them rising



Best Selling Book

"The Educator's Experience of PDA"

[AVAILABLE HERE](#)

Listen to Podcast Episode 214:

The Educator's Guide to Pathological Demand Avoidance (PDA) with Laura Kerbey

[AVAILABLE HERE](#)

Online Course

Pathological Demand Avoidance (PDA) in the Classroom

Understanding and Teaching Strategies for Educators

[ENROL NOW](#)

LEARN MORE AT
suelarkey.com.au



PATHOLOGICAL DEMAND AVOIDANCE (PDA) IN THE CLASSROOM

Understanding and Teaching Strategies for Educators



ONLINE ON-DEMAND COURSE

Join Laura Kerbey, the best-selling author and renowned educator, for an enlightening course on Pathological Demand Avoidance (PDA).

Dive into seven comprehensive lessons, starting with an introduction to PDA, exploring the nuances of demands and avoidance strategies, and understanding the intersection of PDA with anxiety. Gain insights into differentiating PDA from related conditions and learn practical approaches and strategies to support learning.

This course culminates in exploring effective ways to support behaviour and integrate PDA strategies into educational settings, empowering educators and caregivers alike.

What's included?

- ✓ Online On-Demand
- ✓ 2 Hours
- ✓ 6 weeks to complete
- ✓ Certificate
- ✓ Handout includes Additional Helpful Tips
- ✓ IT Support

HOW TO REGISTER

Schools and other Organisations wishing to register groups of Staff or for use in Staff Meetings for Professional Development please email support@suelarkey.com.au
Group Discounts available



Laura Kerbey

Autism & Education Consultant
& Author

MBPsS, BSc (Hons), PGCE, PGCE
(Autism), NPQH



Sue Larkey

Teacher