

# EDUCATORS GUIDE TO EXECUTIVE FUNCTIONING

Why it Impacts Learning and Behaviour - What to do



How to Support Neurodiverse Students (**ASD, ADHD, PDA, ODD**) in your Busy Classroom.

## ONLINE ON-DEMAND COURSE

Join Dean Beadle, International Speaker & Autism Expert, for an enlightening course on Executive Functioning where he gives strategies from his lived experience and evidence-based research.

Dive into seven comprehensive lessons, starting with an introduction to Executive Functioning and the impact on learning and behaviour in Neurodiverse students (ASD, ADHD, ODD & PDA).

Starting with core Executive Function skills, learn how they affect daily tasks and behaviour, while addressing common myths that can hinder support. Discover targeted strategies for both home and school environments, with specific focus on building Executive Function skills in the classroom.

This course equips educators, parents, and professionals with concrete tools to support Executive Functioning across different settings.

### "BONUS E-book on Executive Functioning"

*Hundreds of Tips and Strategies to apply from course - over 30 pgs.*

#### What's included?

- ✓ Online On-Demand ✓ **2 Hours** ✓ 6 weeks to complete ✓ Certificate
- ✓ Handout includes Additional Templates Tips
- ✓ IT Support

## HOW TO REGISTER

Register at: [elearning.suelarkey.com.au](http://elearning.suelarkey.com.au)

**Group Discounts Available.**

Schools and other Organisations wishing to register groups of Staff or for use in Staff

Meetings for Professional Development please email [support@suelarkey.com.au](mailto:support@suelarkey.com.au)



**Sue Larkey**

20 Years Experience in Autism Education & Training



**Dean Beadle**

Autistic Adult and Education Consultant

# EDUCATORS GUIDE TO EXECUTIVE FUNCTIONING

What you can do to Support Neurodiverse Students (**ASD, ADHD, PDA, ODD**)

## LESSON OUTLINE

### LESSON 1 What is Executive Functioning and Autistic Inertia

- Understand the crucial equation "Autism + Environment = Outcome" and its implications for support
- Discover why seemingly calm behaviour at school doesn't always indicate a lack of anxiety

### LESSON 2 Myths and Misconceptions about Executive Functioning, ADHD & Autistic Inertia

- Discover how autistic inertia affects/ADHD paralysis, the ability to start and stop tasks
- Understand the difference between "won't" and "can't" in autistic behaviour

### LESSON 3 Time Management in the Classroom: Why it's so difficult and how to make it easier.

- Understand how autistic individuals experience time differently
- Explore why task sequencing affects the ability to plan ahead

### LESSON 4 Key Strategies for Supporting Executive Functioning at School & Home

- Learn concrete executive functioning "hacks" for home and school environments
- Discover how to simplify daily routines through strategic organisation

### LESSON 5 Classroom Strategies for Building Executive Functioning Skills

- Discover how to create opportunities for skill development through games and activities
- Learn why visual supports are crucial for executive functioning success

### LESSON 6 Understanding Autistic Inertia and ADHD Paralysis

- Learn the "All you have to do is..." approach to breaking down overwhelming tasks
- Understand how to identify and plan around "freeze" moments

### LESSON 7 Emotional Regulation and the Importance of Safe Spaces

- Understand the connection between executive functioning and emotional regulation
- Learn how to create effective, safe spaces in educational settings